

Hockey 101



Fridays 6:00 – 7:00pm
April 16th – May 21th for 6 weeks
\$150 per participant
Learn to Play Hockey or Sharpen Skills
Boys and Girls

Level One – For hockey players that are entering a hockey program. Players should have completed a learn to skate program or possess basic skating skills.

This level will focus on:

*Skating: forward and backward and proper hockey stance.

*Puck control, passing, receiving and shooting.

Level Two – For players that are Mites or have participated in a Mite instructional league.

This level will focus on:

*Improving skating: backward and forward, crossovers.

*Improving puck control and shooting.

*Players will learn positioning through game situations.

**For more information please call Phil Angelosanto at
978-375-3551 or email at pmaice@hotmail.com.**

Hockey 101 Staff

Dick Tierney has had over 20 years experience coaching youth hockey players at various levels and ages (ranging from 5-16). Dick has also run the Newburyport Youth learn to skate program for over 20 years.

Peter Cignetti is the current coach for Amesbury High School.

Josh Tierney played at Newburyport High School before going on to a great career at Assumption College. Josh is now an Assistant Coach for Amesbury High School.

Ryan Tierney played for Newburyport High School before attending and playing for Brewster Academy. Ryan has graduated from Fitchburg State College and is now an Assistant Coach for Newburyport High School.

Phil Angelosanto has coached various youth hockey programs since the mid-1970's. He has coached Mites through Midgets.

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Hockey 101 Registration Form and Waiver

Level One _____ Level Two _____

Skater Name _____ D/O/B _____

Address _____

City _____ State _____ Zip _____

Phone _____ Email _____

Waiver and Release – I hereby give permission for _____ to skate in the Graf Rink Hockey 101 Program. I will not hold the Graf Rink or any of its coaches or employees responsible for any accident or injury incurred while participating in the Hockey 101 Program or while traveling to or from the Graf Rink. The Graf Rink and its coaches and employees are not responsible for any lost or stolen items.

Parent Signature _____ Date _____

Check or money order enclosed

Graf Rink Hockey 101

Graf Rink

28 Low St.

Newburyport, MA 01950

Please bill my credit card account (Visa or MC)

Account #: _____

Expiration Date: _____